

ABlast

<i>Absolute Beginner</i>	<i>2 Wall Line Dance</i>	<i>24 Counts</i>
<i>Choreographer :</i>	Ross Brown (UK) ross-brown@hotmail.co.uk	
<i>Choreographed To :</i> <i>CD :</i>	Last Call by The Bello Boys feat. Kat DeLuna (128 BPM), Last Call – EP [Length – 3:04]	
<i>Intro :</i>	16 Counts (Approx. 8 Secs)	
<i>Note :</i>	The dance can be pronounced as “A Blast” or “A B Last”.	

VINE LEFT with TOUCH. VINE RIGHT with TOUCH.

- 1 – 2 Step left to the left, cross step right behind left.
3 – 4 Step left to the left, touch right next to left.
5 – 6 Step right to the right, cross step left behind right.
7 – 8 Step right to the right, touch left next to right.

Alternative : *Beginner and Improver dancers may want to change Counts 5 – 8 to a ROLLING VINE FULL TURN RIGHT.*

(12 O’CLOCK)

SIDE, TOUCH. HEEL TWIST ¼ TURN R, KICK. SLOW COASTER STEP. KICK.

- 1 – 2 Step left to the left, touch right next to left.
3 – 4 Make a ¼ turn right twisting both heels to the left, kick right foot forward.
5 – 6 – 7 Step back with right, step left next to right, step forward with right.
8 Kick left foot forward.

Arms / Hands : *On Count 4, you can push both hands into the air.*

(3 O’CLOCK)

WALK BACK. HITCH. WALK FORWARD. SCUFF ¼ TURN R.

- 1 – 2 – 3 Walk back; left, right, left.
4 Hitch right knee up.
5 – 6 – 7 Walk forward; right, left, right.
8 Make a ¼ turn right scuffing left foot forward.

(6 O’CLOCK)

END OF DANCE! ☺